



BELLESA DE CLARET

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# SPA MENU

## BODY RITUALS (PEELING & WRAP & MASSAGE) – 120 min. – 240 €

Products by La Sultane de saba.

- Renewing, Revitalizing
- Hydrating, Soothing
- Regenerating, Nourishing
- Nourishing, Inner Strength

## HAMMAM – 120 min. – 260 €

For ultimate relaxation and glowing skin. Hammam is an ancient holistic therapy dating back thousands of years: a bathing retreat that originated in Rome and is still popular today in Morocco as well as Turkey and Spain.

## MASSAGES

All of our massages can be enjoyed with a couples massage.

## SON CLARETS RELAXING AROMATHERAPY – 30 min. – 90 € / 60 min. – 140€ / 75 min. – 185€

With warm oil & essential oils for a deeper sense of relaxation.

## PREGNANCY MASSAGE – 30 min. – 90 € / 60 min. – 140€ / 75 min. – 185€

Prenatal massage tailored to your needs using warm almond/olive oil.

## BELLESA'S ANTI STRESS – BACK, NECK, HEAD & FEET – 30 min. – 90 € / 60 min. – 140€ / 75 min. – 185€

Focusing on these areas with relief from muscle tension and decrease in stress.

## HOT & PRECIOUS STONE MASSAGE – 30 min. – 90 € / 60 min. – 140€ / 75 min. – 185€

Warm hot stones, releasing tension and promoting calm & deep relaxation.

## FOOT REFLEXOLOGY – 30 min. – 90 € / 60 min. – 140€

A technique that applies gentle pressure to your feet. It aims to bring about a state of relaxation and help the body's own healing process.

## CASTELLS DEEP TISSUE RELAXATION – 30 min. – 90 € / 60 min. – 140€ / 75 min. – 185€

A deep massage experience focusing on muscle tension. Benefits ranging from pain relief and increased mobility.

## SON CLARETS GARDEN MASSAGE – OUTSIDE – 60 min. – 185€ / 75 min. – 240€

Located in our woodland area, this massage is surrounded by nature with peace and relaxation guaranteed.

## VITI VINCI – 90 MINUTES BODY & FACE RITUAL – 90 min. – 260€

Using Viti Vinci products. Exclusive ritual is inspired by the mediterranean nature that surrounds castell son claret. Using warm herbal pindas. This will elevate the sensory experience. Combining the power of heat, essential oils & the botanical properties of Viti Vinci.

# BELLESA DE CLARET TREATMENTS



## PRE SUN TREATMENT BODY PEELING & MASSAGE – 90 min. – 195 €

This treatment is perfect for a pre-Sun exposure making sure you get that perfect sun kissed glow.

## AFTER SUN TREATMENT BODY WRAP & SCALP, HAND & FOOT MASSAGE – 60 min. – 120 €

This is the perfect treatment for calming the skin and putting the moisture back.

## SIGNATURE FACIAL – 60 min. – 140€

Our Signature Facial is a relaxing 60 minutes all skins treatment, using natural products produced in Majorca with fresh ingredients from our garden.

Please ask your therapist if you wish for eyebrow correction or eyebrow/eyelash tint.

## SEASONAL FACIALS – 75 min. – 185€

The Seasonal Facials are for all skin types using “La Sultane de Saba” products. This facial will give you an experience through one of the 4 seasons, depending on the needs of your skin.

- Calming, purifying, revitalizing
- Hydrating, soothing
- Regenerating, nourishing, protecting
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We will welcome you with warm newby tea. It's a 75 minutes luxury facial with a hand & foot massage included.

Please ask your therapist if you wish for eyebrow correction or eyebrow/eyelash tint.

## ASSISTANCE

For hair styling, make-up, manicure or pedicure appointments, please contact the Spa Reception. Services available on request.

## ACTIVITIES

### PERSONALISED YOGA

60 MINUTES 125 € (1 PERSON)

60 MINUTES 160 € (2 PERSONS)

### PERSONALISED MEDITATION OR PERSONALISED MINDFULNESS

60 MINUTES 125 € (1 PERSON)

60 MINUTES 160 € (2 PERSONS)

### HIKING

120 MINUTES 250 €

### TENNIS

60 MINUTES 125 € (1 PERSON)

60 MINUTES 160 € (2 PERSONS)

## RECOMMENDATIONS

We highly recommend immediately before the treatment or the sauna visit, the intake of sufficient liquid and only light meals.

After the treatment, enjoy an extended relaxation break, we will be glad to serve you a delicious tea or water. Important! Please inform us of any health issues prior to your visit such as high blood pressure, heart diseases, metabolism issues, allergies, pregnancy or a recent operation.

## GENERAL

We highly recommend immediately before the treatment or the sauna visit, the intake of sufficient liquid and only light meals. After the treatment, enjoy an extended relaxation break, we will be glad to serve you a delicious tea or water.

## ATTIRE

Bathrobe or dressing gown and bathing shoes are suitable clothing for your spa visit; these items are also supplied in your room. You are kindly requested to wear a bathing suit when making use of all our Spa facilities. Towels are available at the Spa changing rooms.

## HEALTH

Important! Please inform us of any health issues prior to your visit such as high blood pressure, heart diseases, metabolism issues, allergies, pregnancy or a recent operation.

## MOBILE PHONES

Our Bellesa de Claret is a place of peace. For your own wellbeing and relaxation and the consideration of other guests. We kindly ask that you put your mobile phone on silent

## CHILDREN

We are happy to welcome guests older than 14 years to our Spa.

## CANCELLATION

Should you find yourself in the position to have to cancel your appointment with us, we kindly ask you to please inform us a minimum of 24 hours in advance. With less notice we will have to charge the cost of the treatment/s booked. If you arrive late, the duration of your treatment will be shortened, but you will still be charged the full price.

Thank you for your understanding.



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SPA ETIQUETTE