



cena

Breakfast

Healthy Option	75
Fresh Fruits, Yoghurt, Granola and Honey	
Light Breakfast	65
Bacon, 1 Egg, Baked Beans and Toast	
Cena Breakfast Stack	95
French Toast, Grilled Banana, Rocket, Bacon and Honey	
Traditional Breakfast	160
Bacon, Choice of Beef or Pork Sausage, 2 Eggs, Hash Brown, Baked Beans, Toast	
Cena Breakfast	95
Bacon, Choice of Beef or Pork Sausage, 2 Eggs, Toast	
Carbo Load Breakfast	160
Bacon, Choice of Beef or Pork Sausage, 2 Eggs, Crispy Chips, Baked Beans, Balsamic Cherry Tomato, Toast	
Breakfast Buffet	210*
<i>*Please check availability</i>	

Toasts

Double Cheese	85
Crispy Bacon and Fried Egg	82
Back Bacon and Cheese	87
Roasted Chicken Mayonnaise	82
<i>*Served with chips or a side salad</i>	

Salads

Go Green	50
(Assorted Greens, Peppers, Onion and a sprinkling of Seeds)	
Go Greek	85
(Feta, Olives and Creamy Dressing)	
Chicken Ceasar Salad	120
(Grilled Chicken Fillet, Green Salad, Parmesan Shavings, Creamy Dressing)	

Small Plate Offerings

Crumbed Chicken Strips & Chips	95
Chicken Livers and Toast	70
(Choose hot or mild)	
Chicken Wings and Chips	79

Burgers

Jaw Breaker	180
(Beef Patty, Bacon, Avo, Cheddar, Gherkin, Pickled Onion)	
Beef or Chicken Burger	120
(Fire grilled served with garnish and pickles)	
(Add a sauce 35, Add cheese 25)	
Burgers are 200g served with a choice of chips or side	

Daily Specials

Please ask your waiter for today's Chef's Special



On The Bowl

Slow Cooked Oxtail	230
Beef Burgundy Stew	150
Butter Chicken & Prawn Curry (Served with Rice, Poppadum, Sambals)	150
Lamb Shank (500g) (Served with Creamy Mashed Potato)	280

Choice of Pap, Creamy Mash or Rice

Pasta

Cajun Chicken Pasta (Chicken Fillet, Creamy Parmesan Sauce)	160
Beef Bourguignonne Pasta (Beef Strips, Mushrooms, Parmesan Cheese)	180
Spaghetti Bolognese	135
Chickpea Curry	135

Choice of Tagliatelle, Spaghetti or Penne

From the Sea to ST@Y

Grilled or Deep-Fried Hake (Served with Chips or Savoury Rice)	120
Sauteed Salmon (Served with Mustard Mash Potato)	305
6 Queen Prawns (Served on a bed of Savoury Rice or Chips)	250

From the Grill

Black Angus Rump (250g Served with Chimichurri Sauce)	195
Porterhouse Steak (250g served with a Sauce of your choice)	220
T-Bone (500g)	350
Meat Platter for 1 (200g Sirloin, 150g Boerewors, 4 Wings)	240
Marinated Pork Ribs (Topped with Onion Rings)	400g 220 600g 320
Classic Lamb Chops	300g 260
Chicken Schnitzel (Served with your choice of Sauce)	150
Spatchcock Chicken Choice of Pap, Creamy Mash or Chips	250

Extra on the Side

Sauces (Mushroom, Pepper, Jalapeno, Cheese Shiba)	35
Savoury Rice, Pap & Sauce, Creamy Potato	25
Chips	35
Hot Veggies (Roasted Mixed Veg, Creamy Spinach, Butternut)	35

Dessert of the Day

Please ask your waiter for today's Sweet Treat