

# AGATHA

SPA | COACH HOUSE HOTEL & SPA

*CH*  
**COACH HOUSE**  
HOTEL & SPA

## TREATMENT MENU

### BEAUTY TREATMENTS

#### SKIN CARE

|                     |       |             |
|---------------------|-------|-------------|
| Radiance Facial     | 30min | <b>R350</b> |
| Spa Facial          | 30min | <b>R400</b> |
| Deep Cleanse Facial | 60min | <b>R500</b> |

#### BROW BAR

|                        |       |             |
|------------------------|-------|-------------|
| Eyebrow Shaping        | 20min | <b>R80</b>  |
| Eyebrow Shape and Tint | 30min | <b>R180</b> |
| Eyelash Tinting        | 30min | <b>R120</b> |
| Eyelash and Brow Tint  | 40min | <b>R200</b> |
| Steam Room/Sauna       | 60min | <b>R150</b> |

#### HAND & FOOT TREATMENTS

|                              |       |             |
|------------------------------|-------|-------------|
| Gel Soak-off                 | 45min | <b>R90</b>  |
| File & Paint only            | 20min | <b>R200</b> |
| Express Manicure/Pedicure    | 30min | <b>R250</b> |
| Classic Manicure/Pedicure    | 60min | <b>R300</b> |
| Deluxe Spa Manicure/Pedicure | 75min | <b>R380</b> |
| Gel Polish                   | 60min | <b>R250</b> |
| Gel French Polish            | 75min | <b>R300</b> |

### BODY TREATMENTS

|                              |       |             |
|------------------------------|-------|-------------|
| Seaweed Mud Wrap (Back)      | 30min | <b>R300</b> |
| Seaweed Mud Wrap (Full Body) | 60min | <b>R450</b> |
| Salt Glow Body Exfoliation   | 30min | <b>R350</b> |

### ADD ON'S

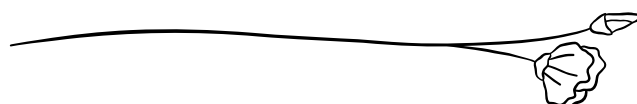
|                         |       |             |
|-------------------------|-------|-------------|
| Hot Stones              | ---   | <b>R90</b>  |
| Back Scrub              | 15min | <b>R150</b> |
| Parafin Dip             | 15min | <b>R180</b> |
| Additional Massage Time | 30min | <b>R300</b> |

### WAXING

|              |       |             |
|--------------|-------|-------------|
| Lip Wax      | 15min | <b>R100</b> |
| Chin Wax     | 15min | <b>R120</b> |
| Underarm Wax | 20min | <b>R150</b> |
| Bikini Wax   | 20min | <b>R200</b> |
| Half Leg Wax | 30min | <b>R220</b> |
| Full Leg Wax | 45min | <b>R290</b> |

#### PLEASE NOTE

Booking in advance is essential. We kindly request that you arrive 15 minutes prior to your treatment. Should you arrive late, your treatment time will be reduced. The Spa Offer treatments Monday to Sunday from 8am to 5pm. Cancellation Policy – 24 hours notice is required for cancellation and rescheduling. Full cost of the appointment will be charged should the appointment not be met. When making a booking full payment is required to confirm your booking. We have a NO Refund Policy. Should you decide to reschedule your booking a voucher will be issued to use at a later stage.



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## SPA MENU

### MASSAGE THERAPY

#### BACK, NECK & SHOULDER MASSAGE

|                                                                                            |       |             |
|--------------------------------------------------------------------------------------------|-------|-------------|
| This massage assists in taking out all stress & tension in your back, neck & shoulder area | 30min | <b>R350</b> |
|                                                                                            | 45min | <b>R480</b> |
|                                                                                            | 60min | <b>R600</b> |

#### PRESSURE POINT HEAD MASSAGE

30min **R330**

#### PRESSURE POINT FOOT MASSAGE

30min **R360**

#### MOM-TO-BE MASSAGE

|                                                                                                                        |       |             |
|------------------------------------------------------------------------------------------------------------------------|-------|-------------|
| A massage for the expecting mom, designed to relieve tension in the back and to maintain the skins suppleness and tone | 30min | <b>R450</b> |
|                                                                                                                        | 60min | <b>R650</b> |

#### FULL BODY SWEDISH MASSAGE

|                                                                                                              |       |             |
|--------------------------------------------------------------------------------------------------------------|-------|-------------|
| A massage to ease aches, pains and strains. It varies according to your particular needs and area of concern | 60min | <b>R700</b> |
|                                                                                                              | 90min | <b>R850</b> |

#### FULL BODY DEEP TISSUE MASSAGE

|                                                                                                                                 |       |             |
|---------------------------------------------------------------------------------------------------------------------------------|-------|-------------|
| Used for chronic aches and pains.                                                                                               | 60min | <b>R750</b> |
| Massage using firm pressure and slow strokes to reach deeper layers of muscle and the connective tissue surrounding the muscles | 90min | <b>R900</b> |

#### FULL BODY HOT STONE MASSAGE

|                                                                                                                                           |       |             |
|-------------------------------------------------------------------------------------------------------------------------------------------|-------|-------------|
| The heated stones provide deep relaxation and improves blood circulation. Awakening all senses and relaxing the body to its deepest level | 60min | <b>R720</b> |
|                                                                                                                                           | 90min | <b>R920</b> |

#### FULL BODY AROMA MASSAGE

|                                                                                                                  |       |             |
|------------------------------------------------------------------------------------------------------------------|-------|-------------|
| A soothing massage that incorporates the personal blending of essential oils according to your specific concerns | 60min | <b>R700</b> |
|                                                                                                                  | 90min | <b>R900</b> |

#### AGATHA SPA SIGNATURE MASSAGE

Choose between a Full Body Aroma Therapy and Hot Stone Massage **OR** a Revitalizing Treatment with our secret natural ingredients

### BODY TREATMENTS

#### POWER HOUR

|                                                           |       |             |
|-----------------------------------------------------------|-------|-------------|
| Back, Neck & Shoulder Massage Including a Radiance Facial | 60min | <b>R700</b> |
|-----------------------------------------------------------|-------|-------------|

#### STRESS RELIEF

|                                                            |          |              |
|------------------------------------------------------------|----------|--------------|
| Full Body Aroma Massage, Head Massage and Body Exfoliation | 1h 45min | <b>R1000</b> |
|------------------------------------------------------------|----------|--------------|

#### SPA RETREAT

|                                                                     |          |              |
|---------------------------------------------------------------------|----------|--------------|
| Body Exfoliation, Full Body Swedish Massage and Deluxe Spa Pedicure | 2h 30min | <b>R1400</b> |
|---------------------------------------------------------------------|----------|--------------|

#### COUPLES ESCAPE

|                                                   |    |              |
|---------------------------------------------------|----|--------------|
| Full Body Swedish Massage and an Express Pedicure | 2h | <b>R1850</b> |
|---------------------------------------------------|----|--------------|

#### COUPLES BREAKAWAY

|                                                                |    |              |
|----------------------------------------------------------------|----|--------------|
| Full Body Hot Stone Massage, a Classic Pedicure and Spa Facial | 3h | <b>R2700</b> |
|----------------------------------------------------------------|----|--------------|

#### AGATHA SPA FULL DAY

|                                                                                                                                   |    |              |
|-----------------------------------------------------------------------------------------------------------------------------------|----|--------------|
| Body Exfoliation, Full Body Mud Wrap Agatha Spa Signature Massage, Spa Facial, Classic Manicure, a Classic Pedicure and Spa Lunch | 6h | <b>R3000</b> |
|-----------------------------------------------------------------------------------------------------------------------------------|----|--------------|

### CONTACT US

#### COACH HOUSE HOTEL & SPA

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