





## FACE CARE

MedEstelle medesthetic is characterized by a strong, yet at the same time, skin-friendly action and amazing effectiveness. It is the result of the infusion over the barrier of the epidermis by active ingredients with the support of techniques activating this process and the use of therapeutic doses of biologically active substances, often used in pharmacy and aesthetic medicine. This allows to achieve medesthetic effects in a non-invasive way, being an alternative to medical procedures.

## PREMIUM CATEGORY TREATMENT

### Anti Age Vit-Ctm Premium

75' / 450 PLN

Treatment with vitamin C, biologically regenerating dry and dehydrated skin. Radically smoothes out skin, improves flexibility, reduces irritation and the feeling of pulling or excessive scaling

### Turbo Senso Lift Premium

75' / 450 PLN

Modern treatment inspired by the most active ingredients used in aesthetic medicine. Recommended for all skin types - peptides, hyaluronic acid, niacinamide, and gluconolactone, smooth out mimic wrinkles, prevent their deepening, eliminate the existing ones

## SENSORY CATEGORY TREATMENTS

### Anti Age Vit-Ctm Shot

55' / 380 PLN

The treatment express refreshes, revitalizes, visibly tightens the pores and evens out the skin tone, gives a flash effect. Treatment that perfectly improves the appearance of the skin

### Turbo Senso Lift Shot

55' / 350 PLN

Firming treatment. It gives the effect of rejuvenation. It smoothes, refreshes and brightens.

### Senso Super Hydration Shot

55' / 320 PLN

Intensely moisturizing treatment, quickly improving the condition of all types of skin with signs of dehydration and drying

### Combo S-Piropel Deep Clean

55' / 320 PLN

The treatment perfectly cleanses and mattes the skin, sensationally smoothes its surfaces and reduces visibility of enlarged pores

### Redness Senso Calm

55' / 320 PLN

Regenerating, shrinking capillaries, improving the appearance and comfort of the skin which is prone to redness.

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### **Express Repair Shot**

**25' / 180 PLN**

The express facial treatment perfectly regenerates, hydrates and instantly improves the appearance of the complexion.

### **Sos eyes**

**25' / 140 PLN**

Repairing eye treatment. Anti-wrinkle treatment with hydroinfusion pads for the eye area. Intensively firms and spectacularly brightens the skin.



## **BODY PEELING**

### **Peeling salt/sugar**

**25' / 150 PLN**

Superbly exfoliates the epidermis and intensively smoothes the body.

### **Volcanic Corneo Body Scrub Yuzu**

**30' / 150 PLN**

Korneo-Body Scrub with the energising fragrance of Japanese Yuzu removes dead skin thanks to its creamy texture, perfectly regenerates dry skin and leaves the body smooth for a long time.

## **BODY CARE**

### **Anti-cellulite guam treatment**

**90' / 350 PLN**

Effective cellulite reduction and modeling the figure procedure. It drains, reduces swelling and improves blood circulation.

### **Cleansing treatment with micronized algae**

**55' / 320 PLN**

The treatment is recommended for dry skin, tired skin that needs to be cleansed of toxins and stimulated. It has smoothing effect strongly stimulates and nourishes tissues.

### **Chocolate romance**

**90' / 370 PLN**

A moisturizing and relaxing ritual that restores the harmony of the body. The ceremony begins with an aromatic peeling, and the next step is pouring hot chocolate over the body, which warms and soothes the senses.



## LUXURY BODY CARE

### Sensory Ritual Vitality

100' / 450 PLN

A luxurious ritual with a regenerating effect. It will stimulate all your senses and envelop you in the fresh scent of Japanese Yuzu. The chosen massage techniques will bring your whole body into blissful relaxation.

### Ritual Velvet Beauty

90' / 400 PLN

A luxurious all-over body treatment with a smoothing and nourishing effect. It will transform dry skin into smooth velvet, while the Bodyfeeling massage relaxes the body.

### Ritual Aroma Revital

90' / 400 PLN

A luxurious rejuvenating and multi-regenerative ritual. Instantly improves the condition of dry, lacklustre skin, soothing fragrances will reduce stress and restore a great mood.

### Sculpt Zone

75' / 370 PLN

A comprehensive body shaping treatment: intensive peeling, targeted massage and an innovative thermo-modelling mask (warming algae mask for the belly, buttocks and thighs). Gives a feeling of lightness of the body and smoothness of the skin.

### Medi.SPA & Phytomer

75' / 370 PLN

Marine revitalisation of the face and body. An anti-smog body mask and a refreshing facial treatment. Improves correct oxygenation and gives new energy and vitality.

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## MASSAGE

### Face, neck and cleavage massage

25' / 150 PLN

A nourishing, relaxing massage that is a real relief for dry and tired skin.

### Relaxing full body massage

40' / 200 PLN

Relaxing body massage with warm aromatic oil. It relieves muscle tension and calms down.

### Relaxing back and feet massage

40' / 200 PLN

Perfect to remove the feeling of heavy tired legs. Combined with a back massage it deeply relaxes. Used regularly, it improves the mood.

### Classic

25' / 140 PLN

The unique manual techniques used during this creative massage will allow you to achieve a state of deep relaxation.

50' / 270 PLN

### Hot Stones

25' / 140 PLN

The combination of warm basalt Stones and relaxing massage. It reduces stress, removes fatigue symptoms.

50' / 270 PLN

### Candle massage

50' / 260 PLN

Soothing for body and mind. Antioxidants contained in oils have comprehensive anti-aging properties.

### Nature's aromas

25' / 150 PLN

A combination of a relaxing massage with deep moisturizing of the whole body. It gives vent to the stress of everyday life.

50' / 280 PLN

### Chocolate sweetness

50' / 300 PLN

A chocolate massage session relaxes and spoils the senses, gets you into an excellent mood and appetite for more.

### Holistic massage

90' / 350 PLN

Relaxing therapy with a full body massage including head and the face. It has a calming effect and relaxes by organizing the internal Energy of our body.

### Kobido

50' / 250 PLN

Kobido is the most advanced Japanese lifting massage of the face, neck and nape. After the first massage, the skin is relaxed and looks much younger.

### Firming massage

40' / 200 PLN

Anti-cellulite massage for selected body parts (thighs, belly, buttocks), supporting slimming treatments and significantly improving firmness.



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## SEA BUCKTHORN LOVE

### Body firm up and face lifting

75' / 390 PLN

Sea buckthorn mask based on shea butter and oil, smoothing peeling and massage provides a vitamin-rich, nourishing body care that prevents the formation of the so-called "orange peel. " The whole thing is rounded off by a facelift massage, inspired by Japanese massage techniques.

### Sea buckthorn rytual

75' / 380 PLN

Relaxing body massage with sea buckthorn oil rich in vitamin C, preceded by a smoothing body scrub, restores shine, moisture and deep relaxation to the skin.

### Shea massage – aromatherapy and nourish

80' / 320 PLN

Body, face and head massage reduces muscle tension and reduces stress.

### Massage with sea buckthorn oil

50' / 270 PLN

The unique manual techniques used during this creative massage will allow you to achieve a state of deep relaxation.

### Hair oiling

40' / 180 PLN

### Body salt peeling

25' / 150 PLN



## MEN'S ZONE

### Menicure for men

30' / 70 PLN

### Pedicure for men

50' / 120 PLN

### Strong back - warming back mask

45' / 200 PLN

The treatment eliminates tension, relieves pains, the warming heat of the mask transports you into a state of deep relaxation. Improves circulation and removes accumulated stress.

### Rejuvenation therapy for men - Man Esthetic

55' / 320 PLN

A biological regeneration treatment for tired skin of the face and surrounding areas. Particularly recommended for skin exposed to prolonged contact with air-conditioned air and computer radiation. Reduces the appearance of bags and dark circles under the eyes.

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## LASER TREATMENTS

The ELLipse I2PL system is used to treat a wide range of skin conditions, such as removing unnecessary hair, treatments for skin damaged by sunlight, treatment of acne, removal of blood vessels or visible pigmentation changes in the skin.

The entire face	400 PLN
Neck and cleavage	400 PLN
Hands	400 PLN
Juvenile acne and rosacea	250 PLN
Hair removal	
Mustache	100 PLN
Calf	200 PLN
Armpits	150 PLN
Thigh	300 PLN
Bikini	200 PLN

### Closing capillaries ND-Yag

The ND-Yag emits light with a concentrated beam and a wavelength of 1064 nm. Radiation absorber by hemoglobin and converted into heat raises the temperature of the blood that coagulates the walls of the vessel. Cost of treatment is determined individually after prior consultation.

## HAND & FOOT CARE

Japanesse manicure	80 PLN
Classic manicure with nail polish	90 PLN
Hybrid manicure	150 PLN
Classic pedicure with nail polish	160 PLN
Hybrid pedicure	200 PLN

## WAX HAIR REMOVAL

Mustache	40 PLN
Armpits	80 PLN
Calves	150 PLN
Whole leggs	250 PLN

## CLEANING AROUND EYES

Eyebrow regulation	20 PLN
Henna eyebrows with regulation	45 PLN
Henna eyelash	35 PLN

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## MENU FOR THE YOUNGEST

Massage of the enchanted princess or superhero	30' / 140 PLN
Chocolate fantasy – body massage	30' / 150 PLN
Chocolate mask	20' / 90 PLN
Candy princess maniucre	20' / 50 PLN

## SWIMMING POOL AND SAUNA

7.00 a.m -22.00 p.m

Single ticket all day	50 PLN
5 entires	238 PLN
Children under 3	free
5 entires children	143 PLN
Children over 3	30 PLN

