

— FACE CARE —

PTri-ExoGF™ MedEstelle
– a progressive exosomal therapy with
micro- or/and nano-needling **NOWOŚĆ**

70 min
750/850 zł

Vascu-LiftGF™ MedEstelle – a progressive
vascular lifting therapy with micro- or/and
nano-needling **NOWOŚĆ**

70 min
750/850 zł

Megan by Skeyndor – an advanced
three-stage technology: stimulation –
absorption – regeneration

70 min 600 zł

Timeless Prodigy by Skeyndor
– a luxurious anti-ageing treatment

70 min 700 zł

Geneo – a groundbreaking 3in1 skin care –
exfoliation – absorption – oxygenation

60 min 480 zł

Barrier Senso Repair MedEstelle
– a repair treatment for sensitive and
irritated skin **NOWOŚĆ**

60 min 420 zł

Skin Regimen Lx
– a revitalising treatment against
oxidative stress

60 min 420 zł

Botox Like Corrective Skeyndor – an
anti-wrinkle treatment

60 min 520 zł

Eternal Skeyndor – a firming anti-ageing
treatment with stem cells

60 min 490 zł

Power C+ Skeyndor – an illuminating and
oxygenating treatment

60 min 420 zł

Aquatherm Skeyndor – a moisturising and
soothing treatment for sensitive and
couperose skin

60 min 420 zł

Expert Cleanse Pro Skeyndor
– a cleansing treatment

60 min 400 zł

Treatment Extras:

Eye area care 70 zł

Lip area care 70 zł

Celluma – a medical LED light therapy
(anti-bacterial / anti-ageing) 30 min 150 zł
/ 1 treatment 600 zł
/ 5 treatment package

— HAIRDRESSING STUDIO —

Ladies' cut + blow-drying 180 zł

Men's cut 100 zł

Children's cut (up to 6 years of age) 80 zł

Styling 160 zł

Evening hairstyle (waves, curls, buns) 300 zł

Wedding hairstyle 400 zł

Colouring 310 / 460 zł

Colouring + bleaching 360 / 610 zł

Decolouring 460 / 710 zł

Haircare 260 zł

Celluma - Hair growth activation 30 min 150 zł
/ 1 treatment 600 zł
/ 5 treatment package

NOWOŚĆ

If you wish to cancel your treatment, you are kindly requested to notify the SPA reception thereof no later than **6 hours** before the procedure was scheduled to commence. Should you fail to show up, you will be charged 50% of the treatment value, added to your hotel bill.

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BANIA
FIZJO & MED



WHERE BEAUTY MEETS

harmony

SPA MENU

— CEREMONIES —

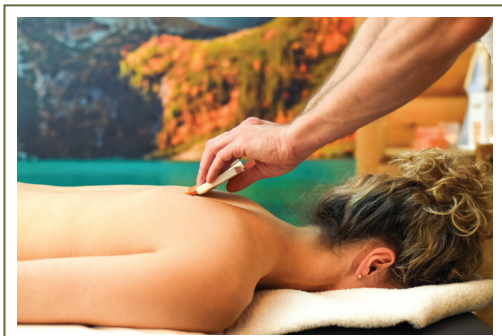
Touched by an Angel (Body rehabilitation treatment)	90 min 500 zł
Spa Senses – Welnamis SPA Wave System – a detoxifying ritual (Body rehabilitation treatment)	90 min 480 zł
Himalayan Salt – a ritual with a salt stone massage (Body rehabilitation treatment)	90 min 520 zł
Face & Body – a revitalising-relaxing ritual NOWOŚĆ (Body rehabilitation treatment)	100 min 700 zł

— BODY SHAPING TREATMENTS —

Megan – an advanced 3in1 remodelling technology Body rehabilitation treatment (One body part)	90 min 600 zł
X-WAVE – a shockwave anti-cellulite treatment (One body part)	30 min 240 zł
Maderotherapy with body scrub Body rehabilitation treatment NOWOŚĆ	70 min 480 zł



Step into the world where health and beauty collide, and relaxation becomes a ritual.



— IDYLIC RELAXATION —

Detox & Energy – Bania's signature body massage	70 min 420 zł
Heavenly Relaxation – Bania's signature body treatment	70 min 420 zł
Lomi Lomi Nui	70 min 520 zł
Pro Sleep Tranquility – an aromatherapy body brush massage	60 min 430 zł
Relaxation Massage	30 min 240zł 50 min 340zł
Hot Stone Massage	50 min 360 zł
Hot Candle Massage	50 min 360 zł
Pantai Luar Massage (hot stamps)	60 min 500 zł
Permanent Contour Massage (hot stamps)	60 min 450 zł
Cosmetic Face Massage	30 min 240 zł
CoMiDo – Japanese lifting face massage	50 min 360 zł
Foot or hand massage	30 min 240 zł
Welnamis SPA Wave System – More than Relaxation	30 min 220zł 50 min 320zł

— FOR PREGNANT WOMEN —

Barrier Senso Repair – a face treatment NOWOŚĆ	60 min 420 zł
Skeyndor Aquatherm – a face treatment	60 min 420 zł
Shantala massage	30 min 240 zł
New Life New Mom – a body treatment (Body rehabilitation treatment)	60 min 400 zł

— FOR CHILDREN AND TEENAGERS —

Shantala massage	30 min 240 zł
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— BANIA FIZJO & MED —

Classical massage	30 min 240 zł 50 min 340 zł
Sports massage	50 min 380 zł
Deep tissue massage	50 min 340 zł
Partial lymphatic drainage	30 min 240 zł
Pressotherapy – pressure lymphatic drainage NOWOŚĆ	40 min 240 zł
Individual manual therapy	50 min 380 zł
Radio frequency / shock wave – pain management + manual therapy (One body part)	50 min 300 zł
Kinesiotaping	100 zł
Therapeutic mud compress	40 min 300 zł
Therapeutic mud compress + massage	70 min 370 zł
Celluma – medical LED light therapy NOWOŚĆ (One body part)	30 min 150 zł / 1 treatment 600 zł / 5treatment package

