

# TAKE CARE OF YOUR BACK

CLASSIC BACK MASSAGE  
130ZL/UP TO 25MIN

CLASSIC BACK MASSAGE  
WITH MUD WRAP  
180ZL/UP TO 45MIN

It has an anti-inflammatory, pain-relieving,  
and regenerating effect on the tissues.

HEALTHY BACK  
230ZL/UP TO 60MIN

Performed using four techniques: classic massage,  
hot roll, cupping, and Tibetan singing bowls.

# NURTURE YOUR SOUL

HEAD MASSAGE  
160ZL/UP TO 25MIN

A gentle massage to relieve tension in the neck  
and shoulder muscles and reduce headaches.

REJUVENATING FACE MASSAGE  
WITH MASK  
210ZL/UP TO 50MIN

A stimulating treatment that improves the appearance  
and condition of the skin. It removes dead skin cells,  
smooths, nourishes, and oxygenates the skin.

RELAXING BODY MASSAGE  
240ZL/UP TO 60MIN

# BLU SPA

**+48 600 600 858**  
SCHEDULE YOUR SESSION TODAY

## KEEP YOUR SKIN CLEAN AND HEALTHY

CAVITATION PEELING WITH MASK  
170ZL/UP TO 40MIN

It deeply cleanses the skin and inhibits the growth  
of bacteria, oxygenates the cells, and stimulates  
regeneration and natural restoration.

CAVITATION PEELING  
WITH SONOPHORESIS  
180ZL/UP TO 40MIN

It is a non-invasive treatment in which nutrients  
are delivered into the deeper layers of the skin using  
ultrasound waves.

LACTIC ACID PEEL 20% WITH MASK  
190ZL/UP TO 50MIN

Peels, smooths, regenerates, strengthens, moisturizes,  
stimulates collagen production, strengthens blood vessel  
walls, reduces wrinkles, diminishes acne lesions,  
and normalizes sebum secretion.

GLYCOLIC ACID PEEL 50% WITH MASK  
200ZL/UP TO 40MIN

Even after the first treatment, the skin becomes firmer  
and visibly brighter. The acid helps minimize acne scars,  
removes dead and damaged skin cells, stimulates collagen  
production, smooths wrinkles, and alleviates acne lesions.

# CARE FOR YOUR BODY

CLASSIC BODY MASSAGE  
260ZL/UP TO 60MIN

Its health-promoting effect relieves muscle pain.

BAMBOO BODY MASSAGE  
280ZL/UP TO 60MIN

The massage stimulates deep tissues, reduces muscle  
tension, improves mood, and increases the flexibility  
of muscles and tendons.

MOKOSH DELIGHT BODY, FACE  
AND HEAD MASSAGE  
360ZL/UP TO 90 MIN

Holistic, deep, and stimulating face, head  
and body massage.

BODY SCRUB WITH CLASSIC MASSAGE  
370ZL/UP TO 90 MIN

After the treatment, the body feels silky smooth  
and firm.

# NURTURE YOUR BEAUTY

LIFTING FACIAL MASSAGE  
260ZL/UP TO 60MIN

It firms and revitalizes the skin, reduces swelling  
and visibly improves the contour of the face.

KOBIDO  
350ZL/UP TO 90MIN

Intensive lifting massage for the face, neck  
and décolletage. It smooths wrinkles, deeply nourishes  
and regenerates the skin by stimulating collagen  
and elastin production.

## NURTURE THE PLEASURE

### SENSUAL MOKOSH 44OZL/UP TO 120MIN

A luxurious treatment that caters to all your needs. It includes a body and face scrub, a body and face mask, and a regenerating body, face, and head massage.

## OTHER TREATMENTS

### HAND SPA 60ZL/UP TO 25MIN Peeling, mask, warm paraffin wrap.

### MUD WRAP 60ZL/ UP TO 25MIN (ONE AREA)

## SPA FOR KIDS

### MAGICAL BACK MASSAGE 80ZL/UP TO 20MIN

### RAINBOW NAILS 80ZL/UP TO 30MIN

### HAPPY FACE MASK 50ZL/UP TO 20MIN

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**Choose a treatment  
perfectly tailored  
to your skin's needs  
(from 60 to 90 minutes)**

### FIRST STEP

#### SKIN CLEANSING:

- Enzyme Peel 80zł
- Cavitation Peel 90zł
- Lactobionic Peel 20% 100zł
- Glycolic and Mandelic Peel 50% 110zł

### SECOND STEP

#### REGENERATES AND NOURISHES THE SKIN:

- Lifting Facial Massage 200zł
- Needle-free Mesotherapy 200zł
- Microneedle Mesotherapy 200zł

### THIRD STEP

#### COMPLEMENTARY CARE

- A mask tailored to the needs of your skin 40zł

### FOURTH STEP

#### SKIN PROTECTION

- Serum and cream 10zł

## EYE AREA TREATMENTS

### HENNA TINTING FOR EYEBROWS AND EYELASHES WITH GROOMING 110ZL/UP TO 50MIN

### HENNA BROW TINTING WITH SHAPING 100ZL/UP TO 30MIN

### HENNA LASH TINTING 60ZL/UP TO 20MIN

### EYEBROW GROOMING 50ZL/UP TO 20MIN

### EYELASH LIFTING 180ZL/UP TO 60MIN

## IMPORTANT

To avoid disappointment due to a lack of available appointments, we recommend booking your treatment at least one day in advance.

If you do not cancel your treatment at least 4 hours before the appointment, 40% of the treatment price will be automatically charged.

